

BEST OF ATLANTA 2017

Local Businesses We Discovered, Reviewed and Loved This Year!

SLEEP WITHOUT MEDICATION



1201 Clairmont Rd
#110, Decatur
(404) 378-0441

Insomnia is a disorder that touches every aspect of a person's life. There's nothing more miserable than struggling to sleep, which seems like it should be so natural and easy. It is possible to get sufficient high-quality sleep without the use of medication.

Anne D. Bartolucci, PhD, Certified Behavioral Sleep Medicine Specialist at **ATLANTA INSOMNIA & BEHAVIORAL HEALTH SERVICES, PC** can help. Cognitive-Behavioral Treatment for Insomnia (CBT-I) has been recommended as a first line of treatment for chronic insomnia by the American Academy of Sleep Medicine. With CBT-I, Dr. Bartolucci has helped clients from age 15 up to 90+ achieve their sleep goals. Dr. Bartolucci welcomes complicated cases and also addresses any anxiety or depression than can be an underlying cause or lingering effect of insomnia. Find her widely available book entitled, "*Business Basics For Private Practice: A Guide For Mental Health Professionals.*" [Visit: www.sleepyintheatl.com](http://www.sleepyintheatl.com)

WHEN "I'M SORRY" IS NOT ENOUGH



344 Woodward Ave SE
Atlanta
(404) 525-1080

Attorneys Roderick E. Edmond, MD, JD (managing & founding partner) and his law partners Keith L. Lindsay, Tricia "CK" Hoffler and William J. Atkins at **EDMOND, LINDSAY & HOFFLER, LLP**, concentrate their practice in the representation of victims of negligence in wrongful death & catastrophic personal injury litigation, including medical malpractice, trucking & transportation and premises liability actions. The firm also handles other significant matters involving commercial, employment and civil rights litigation, appellate practice and general civil litigation.

The firm's attorneys have more than 90 years of combined trial experience. The partners are experienced courtroom advocates, and Dr. Edmond's experience as a physician provides them with a unique insight into handling their clients' medical malpractice claims. Each of the firm's attorneys have given presentations and been panel members for various trial bar organizations. Dr. Edmond is also available to speak at medical and medical/legal seminars concerning issues of risk management for medical professionals. Attorney Hoffler also provides CLE's in the field of risk management.

[Visit: www.edmondfirm.com](http://www.edmondfirm.com)

AWARD-WINNING HEALTHCARE PROVIDERS



10 Convenient Locations
(770) 459-0620

The award winning doctors and staff at the **CENTER FOR ALLERGY AND ASTHMA OF GEORGIA (CA&A)** provide the highest quality of care for sinus, hay fever, asthma & allergy-related problems. New or established patients can be seen on the same day if needed. Drs. Eugene Hurwitz, John Vickery, William Boleman & Neha Kharod, along with highly experienced Nurse Practitioners & Physician Assistants including Julie Williard, Carlos Moreno, Angelique Pickett, Amanda Connor & Gichell Watson, provide individualized expert care.

Signs that you or your child needs to be seen include year round or season nasal allergy symptoms, recurrent sinus infections, asthma most often triggered by allergies, coughing wheezing, hives, food allergies. If you have allergy related problems, the providers at CAA will get you well quickly and keep you well. Ten convenient locations in Smyrna, Villa Rica, Peachtree City, Douglasville, Carrollton, Hiram, Newnan, Kennesaw, Griffin, Alpharetta. [Visit: www.caageorgia.com](http://www.caageorgia.com)

CREATIVE. CLASSIC. COMFORTABLE.



2959 Andrews Dr
Atlanta
(404) 310-3605

"This is my passion: to help people create a beautiful environment that is emotionally satisfying and functional," states John Banks of **JOHN S. BANKS INTERIORS**. Working closely with the architect, contractor or the owner, John considers all elements of design and function from floors, walls, windows, space design and layout to storage and function.

Well-known in the Atlanta area & beyond, he has been working with satisfied homeowners, developers and professionals for more than 35 years. His work is characterized by a fresh approach and carefully thought-out design combined with a thorough knowledge of his clients needs and desires. "It is important that when our work is complete, your home or office reflects who you are and how you live," says John. His firm specializes in creating a sophisticated palette using creative design ideas, placing well-chosen furniture pieces and exercising careful restraint.

[Visit: www.johnsbanksinteriors.com](http://www.johnsbanksinteriors.com)

ONE OF A KIND RESTAURANT



1116 Clark St
Covington
(770) 728-1670

It's all about the experience. Located on the historic downtown Covington Square, **MYSTIC GRILL** highlights local farmers to create a restaurant that provides the community with incredible food, service and atmosphere fostering sustainability and local growth.

Chef inspired, Mystic Grill provides southern food with an upscale, fun twist. It was inspired by two communities, the family and fans of TVD and the small town they call home. 57 movies and three TV series have been filmed in the town and it's interesting past brings history, hauntings and Hollywood to you in a perfect package. The menus are filled with appetizing entrees desserts and features using seasonal foods from local farmers Mitcham Farms, CJ Orchards and more. The bar has a great selection of cocktails, craft beer and wine. Visit their rooftop deck for dining under the stars. [Visit: www.mysticgrill.restaurant.com](http://www.mysticgrill.restaurant.com)

COLON CANCER SCREENING & TREATMENT



35 Collier Rd NW
#475, Atlanta
(404) 351-7900

Colorectal surgeons are experts in diagnosing and treating disorders of the colon, rectum & anus. Drs. Jay Singh, Joseph Nichols, Joy McCaffrey & Paul Joyner at **PIEDMONT COLORECTAL ASSOCIATES, PC** are Board Certified by the American Board of General Surgery and the American Board of Colon & Rectal Surgery. They perform out-patient colonoscopy and in-office screening procedures including flexible endoscopy, proctoscopy and stool testing for blood, as well as common and complex surgical procedures, including laparoscopic and robotic colon resections. Many common disorders, such as fissures, polyps, hemorrhoids, constipation and incontinence can often be treated without surgery. Other diseases, such as cancer or colitis, may require surgery and collaboration with a gastroenterologist or oncologist.

In addition, Drs. Singh, Nichols, McCaffrey & Joyner provide operative treatment of hemorrhoids and fissures and rubberband ligation for hemorrhoids. Piedmont Colorectal Associates provides comprehensive medical services with a sensitive approach. Second location at 1240 Eagles Landing Pkwy, #240 in Stockbridge - Tel: (678) 782-7778. [Visit: www.piedmontcolorectal.com](http://www.piedmontcolorectal.com)

"FIGHTING FOR A SAFER COMMUNITY"



3500 Lenox Rd
#1500, Atlanta
(404) 242-6855

ATTORNEY ELDRIDGE SUGGS IV has served his community starting with enlisting in the U.S. Navy and then serving as a Police Officer, and later as a Civil Rights Lawyer for Justice, and now through his total commitment to making our community a safer place to live. Safety Rule Violators Beware! Suggs demands high and fair compensation for those seriously injured, and has recovered millions of dollars in compensation for injured people across the U.S.

Attorney Suggs fights against wrongful death, medical mal-practice, auto & truck injuries, premises injuries & other personal injury matters. Attorney Suggs was recently named a Top 100 Black Attorney by the prestigious National Black Lawyers Top 100. "20 years in Law - A Lifetime of Service." [Visit: www.suggslaw.com](http://www.suggslaw.com)

WHERE PASSION & PURPOSE COME TOGETHER



1122 Monticello St
#12, Covington
(678) 532-8663

ALCOVY MEDIA works with professionals, businesses & organizations to craft communications that convey your identity and mission through innovative, compelling design and messaging. Their team works closely with you to identify your strategic objectives and formulate creative solutions that differentiate you from your competition and give a clear message to your audience.

Alcovy Media's extensive toolbox of creative capabilities enables them to build and execute solutions that help you to achieve your goals. The firm provides a range of services including web services, publications, event marketing, and print & media services. Their client-focused, collaborative approach to design, and their commitment to client service & project management, results in a flexible, efficient and responsive work process. Alcovy Media was founded with a collaborative spirit and a worthy goal: to offer marketing services with integrity for the betterment of our world. They do this by empowering their employees, creating meaningful relationships & supporting the community. [Visit: www.alcovymedia.com](http://www.alcovymedia.com)

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PAIN RELIEF & COUNSELING SERVICES



550 Pharr Rd NE
#410, Atlanta
(404) 531-6433

Maureen Grady, LPC of **ATLANTA CRANIOSACRAL THERAPY** provides CranioSacral therapy & psychotherapy and addresses each client's specific need for mind, body & spiritual growth. CranioSacral Therapy is a light touch technique designed to assist the self-healing properties of the body by monitoring & palpating flow of the cerebral spinal fluid. You may have a body treatment, a counseling session, or a combination of both therapies. Her counseling practice is for individuals, couples or families.

CranioSacral Therapy patients remain full-clothed and there is no physical discomfort ever experienced. This gentle yet powerful form of therapy is ideal for alleviating symptoms of injury or disease whether they are recent or old. Feelings of discomfort or pain are often alleviated, as well as having greater flexibility, better balance and increased energy. Combining CranioSacral therapy with psychotherapy helps the "whole person" with pain and transitions. Email: molly@craniosacralhealing.com, and [Visit: www.craniosacralhealing.com](http://www.craniosacralhealing.com)

THERAPEUTIC SERVICES FOR CHILDREN



PO Box 567042
Atlanta
(770) 393-3939

CLAY WHITE, LLC is made up of many Master's level professionals dedicated to providing additional therapeutic services to children already receiving occupational therapy, physical therapy, and/or special education services. They offer Sports Programs (*floor hockey program for this winter January 13 to March 3*), Social Club Programs, an occupational therapy sensory integration Summer Day Camp & PEOTSI® Adaptive Sports.

PEOTSI® Sports is an adaptive PE program for children receiving occupational therapy due to mild sensory integration dysfunction. Part instructional league, part PE class, it gives these children the chance to compete vigorously among "motor peers" in sports, such as soccer & floor hockey. They participate in tournaments and receive trophies. Adaptations are made to the playing field and equipment, but the fun and excitement are the same. It is for children ages 5-12 who receive occupational therapy. [Visit: www.claywhite.us](http://www.claywhite.us)

THEIR CUSTOMERS ARE THEIR PRIORITY



1422 Business Cntr Dr SW
Conyers
(770) 880-8110

As one of the area's leading specialists in all types of plumbing installations and repairs, **HIGH PRIORITY PLUMBING, INC** has an enviable reputation with contractors & homeowners alike. This family-owned and operated company employs master plumbers who have undergone High Priority's own technical testing & training. They will repair or replace your plumbing fixtures, appliances & lines in your home or office. Also, their gas leak specialists will help isolate the leak, repair or replace the gas line, and install new gas lines.

High Priority Plumbing provides water heaters, commercial services, water sewer lines, drain & sewer services and general repair. When it comes time to repair or replace your water heater, trust their master plumbers at High Priority Plumbing, Inc. to recommend the best solution for your hot water needs. They will assist you with installation, maintenance, and repairs for tankless water heaters, gas/electric water heaters, and expansion tanks. [Visit: www.highpriorityplumbing.com](http://www.highpriorityplumbing.com)